

## **School Health Advisory Committee Meeting (SHAC)**

### **Held in the Annex Building Blue Conference Room**

**on November 17, 2021 in the New Diana Independent School District**

1. **Call to Order** - Jenny Starr called the meeting to order .
2. **Start time** - at 8:00am
3. **Attendance.**
  - a. Attendance and announcement of Quorum (12 members were present, 1 guest). Nurse Jenny Starr, Asst. Supt Operations Greg Pope, Nurse Iris Moreno, Counselor Bethany Venable, Principal Justin Verzosa, Counselor Carla Coyle, Principal John Gross, Counselor Tonya Whitworth, Student Ava Robison, Student Leandrea Peake, Student Reid Young, and Student Max Martinez.
  - b. Welcome new members. Max Martinez (MS Student Rep) and Leandrea Peake (HS Student Rep).
  - c. Welcome guests. Regina Fowler
4. **Legislative Update** - Written Notice of meetings posted publicly, Recording the meeting, Community member leads meetings, Website requirements and Human Sexuality Instruction requirements.
5. **Nominate and Elect a committee Co-Chair** - No parent representatives were present today. Kim Leslie and Kimberly Howard have stepped down. Two more had schedule conflicts.
6. **Reports/Updates**
  - a. **Health Services** -
  - b. **Counseling/Guidance** - High School Counselor Tonya Whitworth shared with the committee that they will begin implementing the ESTEEM Program with the ninth grade students beginning in December/January. She has also received “The Truth About Drugs” education program she will start to use , Elementary Counselor Bethany Venable shared with the committee a program for students that highlights personal safety and human trafficking awareness. Middle School Counselor Carla Coyle shared they are using a program called By-Stander Revolution.
  - c. **Safe and Drug-Free Schools** - All campuses had activities related to safe and Drug Free Schools in October.
  - d. **Nutrition Services** - No update
  - e. **Physical Education** - No update
  - f. **Employee Health and Wellness** -
    - i. Exercise Class for district staff & community members Status - Greg Pope said that Kim Leslie is no longer leading the exercise class Sole Fitness. Discussions are in progress

with persons who are interested in continuing to offer the class for district employees and community members.

- ii. **CRUNCH Fitness** - Greg Pope shared that Assistant Superintendent over Human Resources Mark Ferrer shared with district staff at the beginning of the year that Crunch Fitness is offering a discount to school employees for membership.

- g. **Health Education** - The ESTEEM program is going to begin in December at the High School and in January at the Middle School. The staff who will be teaching the class have been trained. The Parent Informational Meeting was held in the High School Library. Permission forms have been sent home and parents can say Yes or No to their child being taught this curriculum.

- 7. **Open Discussion/Questions** - Leandrea Peake shared with the committee concerns she has with the awareness and the resources available to address mental health issues with students. All three Counselors Tonya Whitworth, Carla Coyle and Bethany Venable, Principal John Gross, Nurses Jenny Starr and Iris Moreno shared their thoughts in the discussion on ways to best address promoting the resources we have and attaining those needed. There is concern about the pressure put on students to achieve both very high academic and extracurricular success.

- 8. **Consent/Action Items** - No items

- 9. **Recommendations to be brought before the Board of Trustees** - No recommendations.

- 10. **Minutes from the previous Meeting** - Janny Starr read the minutes from the previous meeting.

- 11. **Closing Comments/Adjournment** - Carla Coyle made a motion to adjourn the meeting, and Regina Fowler seconded the motion. The vote was unanimous.